

BRING A SMILE TO SOMEONE'S FACE AND SMILE AT SOMEONE.

MAKE SOMEONE LAUGH BY SAYING A FUNNY JOKE.

CALL GRANDMA/GRANDPA AND SAY "I LOVE YOU"

ASK SOMEONE NEW IF THEY WANT TO PLAY.

WITH MOMMY'S HELP WRITE A "THANK YOU NOTE" FOR TEACHER.

TELL MOMMY AND DADDY YOU LOVE THEM WITH A HUG.

DONATE A TOY TO CHARITY.

BAKE COOKIES WITH MOMMY AND SHARE WITH A FRIEND

HELP CLEAN OFF THE DINNER TABLE.

HELP SETUP THE TABLE FOR DINNER.

WITH A PARENT BE KIND TO THE EARTH AND PLANT A PLANT.

PLAY AND SHARE YOUR TOY WITH A FRIEND.

HELP CLEAN YOUR BEDROOM.

ALWAYS CHOOSE TO BE KIND AND SAY NICE THINGS TO OTHERS.

ALWAYS SAY THANK YOU.

CLEAN UP YOUR TOYS AFTER PLAYING.

HELP/FEED THE FAMILY PET.

SAY "I AM KIND", "I AM KIND", "I AM KIND".

I ALWAYS REMEMBER TO BE A GOOD/KIND FRIEND.

I AM HAPPY WHEN I AM KIND.

I CHOOSE TO BE KIND EVERYDAY.

I AM BEING KIND BY INCLUDING OTHERS.

I SAY AND CHOOSE MY WORDS IN A KIND WAY

I THINK KIND THOUGHTS.

I KEEP IN MIND THAT IT FEELS GOOD TO BE KIND.

I ALWAYS TRY TO SPEAK WITH KINDNESS.

I TREAT MYSELF WITH KINDNESS.

I ACT WITH KINDNESS TOWARDS OTHERS.

HELP A SIBLING WITH A CHORE.

CHEER UP SOMEONE WHO IS SAD.

MAKE A GIFT/CARD AND GIVE TO FAMILY OR FRIEND.

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